



## CENTER FOR THE WOMEN OF NEW YORK

# THE NEWS

Volume 21, Issue 7 August - September 2009

Queens Borough Hall  
120-55 Queens Blvd.  
Room 325  
Kew Gardens, NY 11424  
Tel: 718-793-0672  
Fax: 718-793-0020  
centerwny@yahoo.com  
[www.cwny.org](http://www.cwny.org)

## SPECIAL EVENTS

### 1<sup>st</sup> Annual Fort Totten Walkathon

**Saturday, October 3,  
2009**

9:00 a.m. – 11:00 a.m.

To Benefit



**Rain or Shine  
We Walk!!!**

### 22<sup>nd</sup> ANNUAL ANNIVERSARY DINNER

**Thursday, October 22<sup>nd</sup>,  
2009**

**6:30 p.m.**

DOUGLASTON MANOR  
GOLF CLUB  
Marathon Parkway,  
Douglaston, NY

**Our fun evening includes:**

**Dinner  
Honorees  
Entertainment  
Silent Auction**

### WORLD OF WORKING WOMEN CONFERENCE AND JOB FAIR

**“Where Are the Jobs and  
How Do You Get Them?”**

**Friday, November 13, 2009  
9:00 a.m. to 4:00 p.m.**

**Sheraton-LaGuardia East Hotel  
135-20 39<sup>th</sup> Avenue,  
Flushing, NY, 11355**

**Includes:  
JOB FAIR  
Panel of Professional Women  
Workshops  
Dress for Success Fashion Show**

## Membership – The Life Line to a Strong Organization!

Have you been contacted by our “good will ambassador” Delores? We are so grateful for our wonderful volunteer who calls our members who are late in paying dues and gently reminds them to send in their membership checks.

Make Delores’ job easier and if you are late, please send us your check for this year’s dues.

The year is almost over, but our bills are heavy and we need the money. We go by income and our rates are very low because we want everyone to participate. Of course, if you want and need a tax deduction, remember that we are a non-profit organization and all contributions are deductible from your income tax. Please be as generous as you possibly can.

## September General Meeting

**September 9, 2009 Queensborough Hall, Room 213 7:15 pm**

## Message from the Chair:

Although it is our summer season, we need to plan ahead for the important activities for the coming year.

Our major goal is to continue the fundraising we need for operating costs and major renovation required for our building at Ft. Totten.

We are moving along with the architects' job which is to design the changes and work with the Dept. of Design and Construction. This is the important background work that is usually unseen and not very glamorous, as viewed by the final users of the building. In the meantime we will continue our work. We have outlined an impressive trio of events which will require huge amount of effort.

This October, we will be entering a fun activity: a Walkathon at Ft. Totten Park. We are trying to make our fundraising activities enjoyable and to involve the community to help us meet our financial goals. We hope that a great many of our members and friends will join us in these activities. We need volunteers. You will be welcome.

This late spring and early summer season has been full of important political events. Issues such as pay equity and domestic violence are treated with little attention by the media and most of the population. The 24/7 treatment of the "Michael Jackson story" was typical of the time and attention given to celebrities while equal pay, sex trafficking, etc. are given short shrift by most of the TV channels and the public.

The murder of Dr. George Tiller by a rabid, anti-abortion zealot made news for a little while but much media attention was given to the views of the "pro life" advocates who expressed sympathy for the murderer as "understandable!"

The recent election of President Obama appeared to begin a new era in rousing the people to take great interest and thousands participated actively in political campaigns. However, the public is very passive about backing the President and legislators in fighting for their basic access to affordable health care!

We lag behind modern, industrialized countries in Europe and in Canada. We have seen huge demonstrations in France and Germany when the citizens of those countries were threatened with losses in their social programs. Even in Iran, we saw people risk their lives for their freedom to elect their leaders.

Why are we, in the U.S., content to simply watch the entertainment programs and play video games, even at a time when there is 9.5% unemployment in the country and in NYC, some areas have 14.5% out of work?

(cont.)

The members of the CWNY are part of a minority of caring people who continue to work to improve people's lives. We join hands and work in coalition with other similarly motivated groups to increase our effectiveness. Our most recent action was to join as a sponsor in a mayoral debate at Pace University on Monday, July 27<sup>th</sup>, to present a series of questions on Women's Issues. Mayoral candidates, Comptroller William Thomson and Councilman Tony Avella, appeared but Mayor Bloomberg declined with no explanation or apology!

We were part of the Equal Pay Coalition sponsored with the N.Y. Women's Agenda and the Coalition to Eliminate Domestic Violence. Our women legislators are serving us well. U.S. Senator Kristen Gillibrand and Congresswoman Carolyn Maloney came to the press conferences and presented strong evidence of support for the Pay Equity Bill. Congresswoman Maloney has also just reintroduced the Equal Rights Amendment and Assemblywoman Pat Eddington has sponsored an excellent bill in the New York Assembly to make violence against women labeled a "hate" crime, thereby greatly increasing the penalty for its violation.

Many times, we want to be effective but don't know how and where to begin. Joining with groups that have similar ideals as yours is a simple and easy way to make your voice heard and makes an impact. Join us on one of our committees and help us to raise awareness of the issues and join in our campaigns.

Individual calls and letters are important but as a group, your influence is greatly improved. Join or renew your membership now and check off a committee that matches your interests. We need and welcome everyone.

- Ann J. Jawin, Chair



Our chair, Ann J. Jawin, and Diane Cohen joined Congressman Gary Ackerman, 5th C.D., on a visit to Washington, D.C. where they had an opportunity to hear Congressman Ackerman and Congressman Rangel, 15th C.D., give their ideas on the congressional highlights for the legislative program. Front, l-r: Ann J. Jawin, Congressman Charles Rangel, (a congressman), Congressman Gary Ackerman, Diane Cohen.

## Calling All Wives with Chubby Hubbies!

Dr. Oz from Dr. Oz TV Show is looking for women to take part in a new show. They are seeking wives who are concerned about their husband's health and growing waistline who live within driving distance to NYC- five boroughs, northern NJ or southern CT.

The idea is to have Dr. Oz, "America's #1 Doctor," point out the health risks associated with having a large waistline and then start the husbands on the road back to health. If you know anyone who might be interested, please have them call (212) 259-1585 or [acowan-vieira@zoco.com](mailto:acowan-vieira@zoco.com).

## JOB CLUB NEWS

We congratulate our Career Coach, Anne Marie Ditta, for the success of her weekly meetings with women seeking job opportunities. They have developed a powerful support group discussing the many issues that impact on their job-hunting activities.

They have become a dynamic force, giving each other support and excellent suggestions for their campaigns to find the next step on their career ladder.

Admittedly, the economic crisis presents a daunting challenge. However, a number of the women are using their time to do volunteer work for CWNy, practicing their skills and learning new ones while they continue the job search.

We have made a very important partnership with the Workforce 1 Career program of the NYS Dept. of Labor to get limited lists of some job openings. Details are available at our Job Club at the Queens Borough Hall office for members who wish to visit our office and view them. Those interested are referred to the Workforce 1 center for follow-up.

Call (718) 793-0672 to get details and join the group.

## Nominations

September starts our new year. The two-year term for our officers and Board members comes to a close. Officers' positions are open for election. Board members are appointed to a new two-year term.

Our present officers serve as the Nomination Committee and are ready to receive nominations from the membership. You are free to suggest anyone you believe will be an asset to the organization. Send in the name and a resume for us to consider to the Center to the attention of Louise Perlowitz, our Secretary. Remember you are free to nominate yourself. The Nomination Slate will be presented at the September 9th meeting.

## CWNy BOOK & CULTURE CLUB NEWS

For September  
the Book Club selection is:

A SHORT HISTORY OF WOMEN  
by Kate Walbert



Anita Blank, Chair

Wednesday, September 16  
Bay Terrace Barnes & Noble  
Bookstore, 7:30 pm  
26<sup>th</sup> Ave & Bell Boulevard, Bayside, NY

This book is a collection of stories about five generations of women, and the experiences of womanhood that link them together. Although this book is "short," it is filled with rich content that reviewers say makes them want to read it again and again. The author says quite a bit about the ways in which, as women, we silence and are silenced, and how we assign meaning to things.

Join us on the 3<sup>rd</sup> Wednesday  
of every month at 7:30 pm.

## Volunteers Needed for Rape Crisis Center

The Mount Sinai Sexual Assault and Violence Intervention Program is looking for volunteer emergency department advocates. Advocates are on call once a month in Manhattan or Queens to help sexually assaulted or domestically abused people deal with difficult decisions, emotions, and follow-

up procedures. Transportation is provided. If you are interested, call SAVI at (212) 423-2140 or (718) 736-1288. Volunteers must be 21, live in Queens or Manhattan, and be able to attend all training sessions.

## CWNY Training Programs

The Center for the Women of New York is announcing Orientation for its Training Programs. The unemployment figures in New York are grim: the New York City unemployment rate varies from 9.5% to 14%! However, there are some job areas that remain constant and are even growing in terms of need for workers.

Educators of children, child care providers, and health industry workers are still needed and the good news is that their positions can't be outsourced! CWNY tries to give a helping hand to those who want to enter these fields, which offer many advantages. In particular, they allow women and men to enter on the entry level of the professions without previous experience. They also allow for unlimited opportunity for growth and higher salaries depending upon the individual's desire to study and apply abundant energy and serious commitment!

### Medical Secretary

This course is designed to help students become an Administrative Medical Secretary. Job opportunities in the medical field are continually changing with varying degrees of education and specialization. Medical transcription, terminology, CPT coding, billing, bookkeeping, purchasing and all modalities leading to employment are covered.

The Medical Secretary Course is ten weeks long with two-hour classes. Students will learn medical office skills including medical transcription, terminology, billing, bookkeeping, purchasing, medical ethical forms, health and current information. Minimum typing skills are recommended.

## A League of Her Own

In our last issue we wrote about a group inviting women to a series of baseball games in Central Park. Has anyone shown interest in participating in this group of women who want to play ball—not softball but baseball? If so, contact us and go directly to:

New York Women's Baseball Association  
Information Hotline: 212.539.8800  
Head Coach: 646.943.1800

Help support women's baseball in New York!

## Family Day Care Training Programs

**A. Health & Safety Training:** This program is designed to train and certify providers to care for children in their own homes. It is given under the supervision of the NYS Office of Child Services and provides professional early childhood development training.

This popular class, which requires 15 hours of advanced training, will continue at our Queensborough Hall office. The three-day session is offered throughout the year at scheduled times. Registration fee will be \$25 and the cost of the training program will be \$200. There are opportunities for reimbursement for applicants who complete this program.

**B. Professional Development:** CWNY is also offering the 30-hour course required for professional development for current family daycare providers to maintain their license and there is a program for new and existing family childcare providers.

### Home Health Care Aide

This 3 week training course provides women with the opportunity to enter the field of health careers. Home Health Aids are so important to their patients and patients' families. The care and comfort they provide is immeasurable. Home health aids will comply with the New York State Department of Health requirements of inservice and an annual health assessment at our offices at Queensborough Hall.

Home health aids will assist with the personal needs of clients; communicate orally and in writing with the client's families, visiting nurses, therapists, etc.; assist clients in pharmacy medication containers, and storing medications properly; assist with ambulation; perform household duties and escort clients.

Orientation will be given at our office. Because of the need for special training equipment, the classes will take place at another location in the borough.

Orientation for these classes will take place on Tuesday, September 8<sup>th</sup>, at 6:00pm.

## Wanted:

If you have printers or ink cartridges that you no longer use, please send them to us. We currently have a need for ink for the following printers:

Epson Stylus color 740      Canon BJC 1000  
HP LaserJet P1006      HP PSC 1350  
HP DeskJet D4260

## Volunteer Opportunities

We are looking for people with the following skills:  
Accounting and Bookkeeping  
Grant Writers



# Fort Totten Walkathon

Saturday, October 3<sup>rd</sup>, 2009  
Fort Totten Park in Bayside, New York



We are set for our **First Annual Fort Totten Walkathon!** It will be held between 9 a.m. and 11 a.m. to benefit the Center for the Women of New York and the Zonta Club of Greater Queens. We are delighted that this is a joint effort of our clubs. This Walkathon will specifically raise funds for the Center's new home-to-be at Fort Totten and Zonta's missions to assist women in need. This is a high visibility, system-wide event with community leaders, dignitaries and elected officials attending.

## SCHEDULE

- 9:00 a.m. Check In/Registration**  
*Fort Totten Park*  
*Cross Island Parkway and Totten Avenue*  
*Bayside, NY, 11360*  
*www.nycgovparks.org/parks/forttotten*
- 9:30 a.m. Opening Ceremony**
- 10:00 a.m. Walkathon Starts**  
*We will depart Ft. Totten and proceed to*  
*Joe Michaels Mile. Approx. 3K (2 miles)*
- 11:00 a.m. Closing Ceremony**

## Directions

**By Car:** Cross Island Parkway South to Bell Blvd./ Clearview Expressway exit. Make a left at exit & proceed to 4 light. Make a sharp left on to 212th St., which leads into Ft. Totten & Little Bay Park.

Cross Is. Parkway North to Exit 32 (Bell Blvd) & make right off exit ramp into Ft. Totten & Little Bay Park. Clearview Expressway to exit 7 (Willeys Point Blvd). Bear right onto Bell Blvd. At the third light make a sharp left onto 212th Street, which leads into Ft. Totten and Little Bay Park.  
*Please park in the Little Bay parking lot just outside the entrance to the fort. **Volunteers will direct you to registration.***

**By Bus:** Q13 or Q16 Bus from downtown Flushing to last stop (Fort Totten)

- Register Today - It's quick & easy**
  - By Mail
  - In Person on the day of the Walkathon
  - Online at [www.cwny.org](http://www.cwny.org) by credit card
- Then Raise Funds & Help Make a Difference!**

## REGISTRATION FORM

Mail this Form with your Sponsor Sheet(s) & Donation\* Checks to:

Center for the Women of NY  
Queensborough Hall  
Attn: Ft. Totten Walkathon  
120-55 Queens Boulevard, Rm 325  
Kew Gardens, NY 11424

Or register online at [cwny.org](http://cwny.org)

Make sponsor/donation checks payable to:

**Center for the Women of NY**

\*A minimum of **\$20** in donations is required to participate as a Registered Walker (**\$15** for students). *Collect donations from friends, family and co-workers.*

*Please turn in all donations no later than 9:30 a.m. on the day of the Walk, **October 3, 2009.***  
Please print clearly!!

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone: Home (    ) \_\_\_\_\_

Cell (    ) \_\_\_\_\_

**Special Recognition to those registrants that collect \$500 or more.**

**FREE T-Shirt & Refreshments for Registered Walkers or Runners**