



**CENTER FOR THE WOMEN
OF NEW YORK**

THE NEWS

Volume 21, Issue 6 June-July 2009

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CWNY GENERAL MEETING

June 2, 2009 ? 7:15 PM

QUEENSBOROUGH HALL ROOM 213

Forget the reports on the stock market, the unemployment situation, and the threat of swine flu! Prepare for summer: A time for refreshing our spirits, our bodies and generate a feeling of wellness. Treat yourself, indulge your senses and chill out from the hustle and bustle of the past winter:

BRING ORDER INTO YOUR LIFE

Speaker: Carmel O'Connell, Professional Organizer

Are you, as are many of us, someone who finds herself with a sense of helplessness when the details of our complicated lives, brings a sense of confusion and frustration? Do you frequently find yourself looking for important papers, searching for that special accessory that would be perfect for your outfit, forgetting where you put that valuable item "in a safe place!"?

"Getting organized" has been rated as a very valuable component of being efficient. Losing valuable time in looking for things results in terrible frustration. Worst of all, being disorganized in the way we keep our papers, clothes, hobbies, possessions results in a loss of confidence and the feeling that we are productive and in charge.

Ms. O'Connell will help your state of well-being by bringing order into your life.

Speaker: Barbara Scheiner, Treasurer of CWNY, a Counselor certified in macrobiotic counseling and meditation techniques

These are proven health benefits for the elimination of stress and lowering blood pressure. Ms. Scheiner will show us how to maintain balance and eliminate stress by guiding us in effective meditation techniques.

Our two programs will guarantee that you will start your summer relaxed and in full control, ready to enjoy the season.

Refreshments

Message from the Chair:

This newsletter is the last before the full onset of the summer season and what we hope will be a slower pace and time for renewal of energy.

Our first Spring Luncheon at the Clearview Golf Club was a great hit! Many of our members told us that they loved the timing, the location and the informal atmosphere. It lent a great warmth to the event with a sharing of past experiences and the various events of our Center. Frequent comments were made about the remarkable accomplishments and backgrounds of many of our members and guests. Almost every one of the 40 women (and one man) who attended had a very interesting background that they all had an opportunity to share. Many of the women who have committed themselves to work with the Center have reported that their connection with the women and their work at the Center has had a very strong and positive effect on their lives.

We received a strong vote of confidence in our work. This helps give us the desire to maintain our momentum to continue our work and renewed energy for our fundraising drive for our Ft. Totten Conference Center.

We have been working hard with our coalition groups on our ambitious agenda which includes pay equity, domestic violence programs, and the important laws affecting finance, health and other issues that make up the women's agenda. We have reported to you on our campaigns with legislators in New York State, New York City, and those on the national scene. We attended a press conference with U.S. Senator Kirsten Gillibrand on pay equity and lobbied our NYS Senators to get behind the Equal Pay Act and Comparable Worth Legislation which had been stuck in committees. Our U.S. Congresswoman Carolyn Maloney whose active sponsorship of issues important to women has resulted in the passing of the Credit Card Accountability, Responsibility and Disclosure Act! (See picture, page 4.)

We are looking forward to the fun events we have planned for our fundraising drive. There is still time to join us at "9 to 5, The Musical" on Saturday, June 27th, matinee. Tickets are \$80. Also, a great family event to cheer on our women in sports, the Liberty Basketball Game on Friday evening, June 19th at home, Madison Square Garden. Tickets are \$15.00. You can email us and/or send in your order to us on our website, cwny.org. See our calendar on page 4 for the next group of fall events.

(cont.)

Our brief summer respite will not last long. We are literally sprinting along with our RaceWalk at Ft. Totten on Sunday, September 20th, and the heavy duty planning for our Anniversary Dinner when we celebrate our 22nd year for The Center for the Women of New York! Mark your calendars for Thursday evening, October 22nd and Friday, November 13th, when we continue our important annual conference, The World of Working Women!

We invite you to further benefit from your support of the Center and its events by joining with us on one of our committees. There are many ways you can help and be part of the action. If you can give us time at the Center, we would be grateful. If you can't, you can probably be a great help and get involved by calling us and discussing your options. Schedule an appointment with me or one of our officers and we will be pleased to design a special plan for you.

This newsletter is being mailed to our paid members and sent to others by email. Looking forward to seeing you at our programs or events.

- Ann Juliano Jawin

Facebook, Blogs, Twitter Are Putting Us All In A Dither!

We are determined to keep up with the technology and our longtime Board member and Recording Secretary, Allison Mastropieri, will see to it that we do! We are so lucky that Allison is part of the company "ACTIVE NATURE," a web design company.

She has put us on Facebook and is working with us with great patience to make us comfortable with these new forms of communication.

CWNY BOOK & CULTURE
CLUB NEWS



The Book Club selection for May:
THE SPACE BETWEEN US
By Thrity Umrigar

Our May discussion deals with the huge problem of class distinction and discrimination. In spite of strong bonds between master and servant, when events occur that test the hold of class and privilege over trust and compassion for the servant, the mistress instantly reacts to protect her superior status and chooses to denounce her faithful servant.

Although technically, India is a democracy, it is a painful description of how the caste system continues to enslave many groups in India.

Looking Ahead:

The history of the United States contains many sordid chapters of inhumanity and poor treatment of the Native Indians and many of its own white citizens, in the underclass and particularly women. The degree of powerlessness is vividly described as many of its more courageous women look to marriages to strangers as their only opportunity to better their conditions.

Our June selection, ONE THOUSAND WHITE WOMEN, is a riveting discussion based on a fact of history in the post Civil War period dealing with the problem of integration of the Indian population and the goals of the powerful government of officials.

Date: Wednesday, June 17, 2009
8pm
Barnes & Noble Bookstore
23-80 Bell Blvd. Bayside, NY

Join us on the 3rd Wednesday of every month.

CWNY THEATER NIGHT
"9 TO 5" A BROADWAY MUSICAL

Our choice of this hilarious revival of feminist treatment of male chauvinistic business world with rampant institutionalized sex discrimination comes at a price that requires you to be "good to yourself"—a treat for you and other feminists you know.

After April 30, 2009, for a group of 15 people, we can get a special group rate as follows:



Sat/Sun Matinee:
Orchestra (front mezzanine)
\$95.00 (regular price \$125)
Rear Mezzanine (last two rows
in the rear, limited number)
\$80.00 (Regular prize \$90)

If you would like to join the CWNY Theatre Night, email us at centerwny@yahoo.com and pay at www.cwny.org online. Or fill out the form below and mail to us with check or credit card number.

Name: _____

Address _____

Check enclosed: \$ _____

Credit Card #: _____

Expiration Date: _____



**Thanks,
Carolyn Maloney, for
protecting Consumers
in New York State**

**Credit Card Accountability,
Responsibility and Disclosure
Act**

This legislation was signed into law May 22nd by President Obama. It will protect millions of American consumers from unfair rate hikes and hidden fees.

Save the Date!

TUESDAY, JUNE 2, 2009

CWNY GENERAL MEETING

Queens Borough Hall, Room 213, 7:15 - 9:30 PM

FRIDAY, JUNE 19, 2009

NEW YORK LIBERTY HOME GAME

at Madison Square Garden. Support our women basketball players and cheer them on.

Tickets: \$15

SATURDAY MATINEE, JUNE 27, 2009

THEATRE DAY

"9 to 5, The Musical"

Marquis Theater

Tickets: \$80 (great seats)

SUNDAY, SEPTEMBER 20, 2009

RACE/WALK TO BENEFIT OUR

FT. TOTTEN BUILDING

11:30 AM

Help your fitness routine and exercise with friends at scenic Fort Totten area. Start getting into shape!

Details to be announced.

THURSDAY, OCTOBER 22, 2009

22nd ANNUAL DINNER

Douglaston Manor Golf Course

FRIDAY, NOVEMBER 13, 2009

WORLD OF WORKING WOMEN

CONFERENCE & JOB FAIR

8:30 am - 4 pm

Sheraton LaGuardia East Hotel, Flushing

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Pay your membership and stay on our newsletter mailing list.

CWNY Wish List

Extra memory (RAM) for our computer.

A fax machine (should be less than 3 years)