



**CENTER FOR THE WOMEN OF NEW YORK**

**QUEENSBORO COUNCIL FOR SOCIAL WELFARE**

***Caregivers: Ease your Stress***

***Join the Weekly Phone Discussion on the  
Challenges of Caring for an Older Adult***



**WEDNESDAYS 1:00 PM**

**Facilitators:**

**Joan Serrano Laufer, LMSW  
Queensboro Council for Social Welfare**

**Victoria Pilotti, Ed.D.  
Center for the Women of New York**

**To register in advance: Call (718) 793-0672  
or email [events@cwny.org](mailto:events@cwny.org)**

***[cwny.org](http://cwny.org)      [qcsw.org](http://qcsw.org)  
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